










# Spousal Support Information

RESOURCES TO HELP YOU THROUGH BMT & BEYOND.

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	<p>USAF Basic Military Training Facebook group to ask questions and get graduation information.</p> 
	<p>American Red Cross - how to notify your Airman in the event of a life or death emergency of an immediate family member. Also look for the Red Cross app Hero Care.</p> 
	<p>New Spouse Orientation - briefing given on first day of graduation ceremonies to help guide spouses through the next steps. Examples are resources, moving, tech school information, etc.</p> 
	<p>Welcome to the Family class - 4 part class designed to help spouses &amp; fiancés with things like ID cards, DEERS, healthcare, relocation, housing, childcare, and learn about orders, EFMP and finances.</p> 
	<p>Five and Thrive - this detailed resource guide can help you with the five most common struggles military spouses have: Childcare, education, health care, housing and spouse employment.</p> 